



NEWSLETTER

Winter Edition—August 2014



A note from our CEO

Welcome to the winter edition of the newsletter.

You must have noted our new logo. It has been an exciting time. We launched our new name and brand officially in April. Please see inside for further details. Once we changed our name the next step was informing all stakeholders especially the funding bodies about our new name and amending all official documentation to reflect our new name and brand. This enormous task kept all of us on our toes so far. As part of this process

we have developed new brochure that explain about our services, please see attached. All staff has been given new ID cards and further they will be given new uniforms from the next month. We want our staff to look professional therefore from next month staff is required to wear their uniform and ID all the time while at work..

It seems change is the only constant thing these days. Our funding body Department of Social Services has announced a number of changes to take effect from 1 July around how aged services are paid for and delivered. There are two types of fees and charges arrangements that apply to consumers from 1 July 2014;

- A basic fee: The maximum basic fee you will pay is 17.5% of a single person basic age pension. The ba-

sic fee rules have not changed.

- Income tested Care fee: If you have more income than a full pensioner, you may be asked to contribute more to the cost of your care. This extra amount is known as an income tested care fee. We will give you a form to complete that has been issued by the Department and Centrelink will work out if you are required to pay this fee based on an assessment of your income and will advise you of the amount..

If you want to know more about the new fees and payment arrangements you can find more information on [MyAgedCare website](#) or the [Department of Social Services website](#). Or you can ring us to

explain these changes to you in your language.

Happy Reading.

Dr. Rosy Walia

Launch of our new name and branding



We are committed to provide quality services to our elderly community, particularly people from culturally and linguistically diverse background. On 9 April 2014 we held an event to officially launched our new name and brand. Labour member for Watson, Tony Burke, attended the ceremony along with newly-elected Liberal member for Banks, David Coleman; Bankstown Mayor Khal Afsour and Canterbury Mayor Brian Robson. Event was attended by our President - Jack Passaris, Vice President-Michael Hawatt, management committee members Emanuel Valageorgiou and George Margelis. Our CEO Dr. Rosy Walia and other staff members were also in attendance. Other attendees included

representatives of service providers; varied councils; ACAT teams, Multicultural Access Teams from the targeted areas and local media groups. The event featured unveiling of our new name and brand; few speeches from the local and federal members and other key stakeholders. The event embarked to introduce our organisation and its services to the stakeholders from the expanded regions in order to develop relationships, encourage referrals and build awareness of the benefits of our services to the residents of these areas.

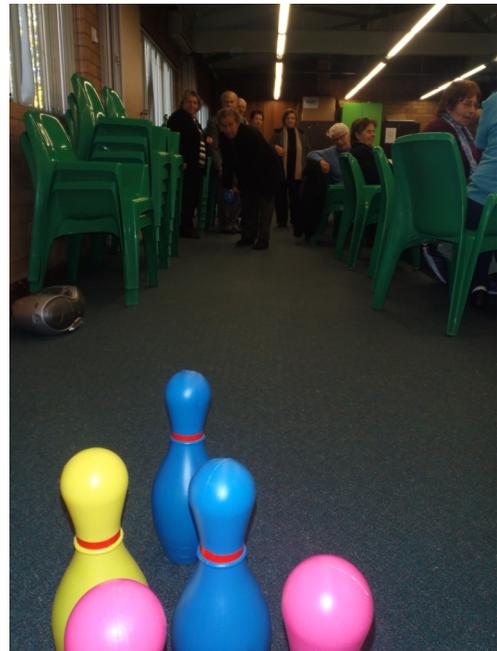


A Glance into Our Activities



We take pride in the activities we carry out with our Day Care groups. We aim at improving the quality of life of our clients, by encouraging friendships and companionship, by taking them for outings to the places of interest while also doing some exercise or maybe having a go at Bowling!!

We currently have Vietnamese, Greek, Arabic, Chinese and Italian groups, so if you'd like to join or know about someone who would benefit from some educational and fun activities, let us know!



Stepping On Program

On the 6th of June 2014, our clients from the Vietnamese Community started their Stepping On sessions to learn how to prevent falls and stay safe. Eighteen clients attended the sessions for 7 weeks, during which they learned about having a healthy diet, improving physical and mental health, and how to keep a good body balance.

Clients were very appreciative of the opportunity and are looking forward to the booster session in September.



Be Proactive about your safety

Medical Alarms Register

If you are a Medical Alarm user this information is for you.

As you would be aware, the NBN is being rolled out across Australia. Eighteen months after an area has been declared NBN-ready, existing landline phones, ADSL internet, and Telstra cable internet services, will be switched off. This will begin to occur – initially only in a small number of areas – from 23 May 2014 .

It is important to know that not all existing medical alarms are compatible with the NBN, which means that those alarms will stop working. For more information and support you can visit the medical alarm register (<http://www.nbnco.com.au/medical-alarm-register.html>) .

If you have a medical alarm, here is what you need to do:

1. Register your alarm with NBN Co.
2. Contact your alarm providers to check compatibility with the NBN and confirm if any wiring changes are required
3. Contact phone or internet providers to advise that you have a medical alarm
4. Confirm that your alarm is working correctly after the NBN is installed.

For any enquiries or concerns, please do not hesitate to contact your Case Manager on 9718-6199. They 'll be happy to help out!

Acknowledgement: This information has been taken from the DSS website.



Community News and Events

National Open Day

Multicultural Aged Care Inc took part in the Aged and Community Services Australia (ACSA) National Open Day, which was held for the first time in Australia, on Friday 20 June 2014. Our participation was replicated around the globe with other ACSA members across the State, nationally and with aged care services and providers across the UK and South Africa.

On this day, we opened our doors to the local community and showcased the excellent services we offer. Amongst the people who attended our open day were representatives from TAFE, ethnic communities representatives, Employment services and Community transport services. It was very exciting to be involved in a global activity celebrating Ageing!



Art Group End Of Year Exhibition



Come to celebrate the creative achievements of Marrickville's Active and Connected art group.

You can meet the artists and enjoy complimentary afternoon tea. There'll also be a special performance by Tamasin Altmann on oboe and the Songs from Next Door choir. Grandchildren (and the young at heart) are invited to share their art and song with grandparents on the day.

Where: Tom Foster Community Centre,
11-13 Darley Street, Newtown

When: Saturday 13 September 2014,
2pm-4pm

To RSVP please call Marrickville Council on 9335 2143. The exhibition will be open from 13 - 19 September, 9am-10.30am and 1.30pm - 3.30pm.

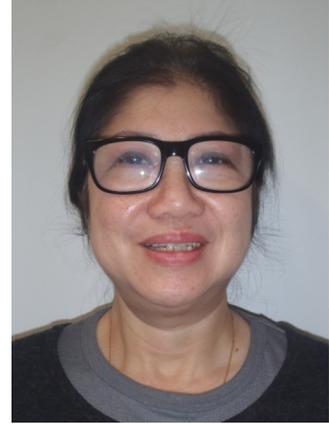
New Staff Members at Multicultural Aged Care Inc.



Jackie Creaven
Roster Coordinator



Yayesh Workneh
Home Support
Program Coordinator



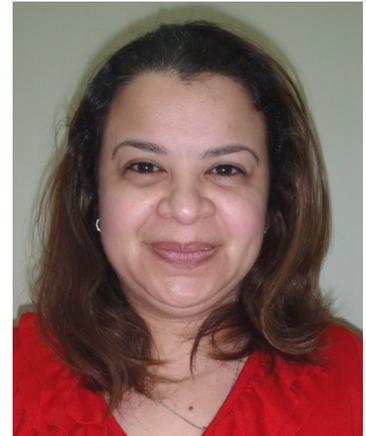
Tina Ky
Vietnamese
Case Manager



Thi Tran Uyen
Vietnamese Bilingual
Support Staff



Marlene Formosa
Italian Case Manager



Sherin Estafanoss
Arabic Bilingual
Support Staff



Genevieve Cobo
Administrative Assistant

Multicultural Aged Care Inc. Services

Services in Inner West Sydney:

- Home Care Packages: Marrickville, Burwood, Ashfield, Leichhardt, Strathfield, City Of Canada Bay, Canterbury LGAs
- NRCP Centre-based Day Respite (for Canterbury LGA residents only; groups catered for: Vietnamese, Chinese, Italian, Greek, Arabic)
- NRCP leisure outing for Canterbury LGA residents only

Services in South East Sydney:

- HACC Services (Domestic Assistance, Respite, Transport) in Rockdale, Kogarah and Hurstville LGAs.

Services in South West Sydney:

- HACC Services (Domestic Assistance) in Bankstown and Fairfield LGAs;
- HCP: Bankstown LGA only

How to contact us

Our address

32 South Parade, Campsie NSW 2194

Our phone no.

9718-6199

Our fax no.

9789-2392

E-mail

admin@multiculturalagedcare.org.au
referrals@multiculturalagedcare.org.au

Website

www.multiculturalagedcare.org.au

Office Hours

9.00 am to 5.00 pm
Monday to Friday

We want to hear from you!!

If you have a story to share, exciting news for the community, information of coming up events, or if you are looking for an opportunity to work in aged care,

let us know!!

***We'll see you
again in our
Summer
edition.
Take care!!***